

**PROSTATE  
CANCER  
AWARENESS  
MONTH** **TOGETHER  
FOR THE  
LONG RUN**  
September 1 – 30



# Life-changing care, expert support

If you or your loved ones have been impacted by prostate cancer, contact Prostate Cancer Foundation of Australia for support.

We have Specialist Nurses who can help you navigate your diagnosis and provide expert information and support for your whole family.

## ✓ Here's what men and their families say:

- PCFA Nurses had the biggest impact on my overall state of health, wellbeing, confidence, and ability to manage my diagnosis.
- PCFA Nurses helped to improve my psychological health and wellbeing.
- PCFA Nurses helped me feel more confident in managing my condition.
- PCFA Nurses helped me feel less anxious about my treatment.

## ✓ Here's what the experts say:

- 60% reduction in Emergency Department visits
- 56% reduction in specialist consultation times
- 63% reduction in rate of missed medical appointments

### We're here to help

Be proactive about prostate cancer.

Talk to your doctor about PSA Testing, and call PCFA for information and a **free info kit**.



**Prostate Cancer  
Specialist  
Nurses**



**Prostate Cancer  
Specialist  
Telenurses**



**Australia-wide  
Prostate Cancer  
Support Groups**



**MatesCONNECT  
peer-support  
phone program**



**Online awareness  
and education  
programs**



**Print and digital  
Survivorship Kits**



**Prostate Cancer  
Foundation of Australia**

Help end the pain of prostate cancer. **Register for The Long Run.**



**Call 1800 22 00 99**



**thelongrun.org.au**